National Human Development Report 2018
Planning the Opportunities for a Youthful Population
Infographic Summary

Timor-Leste

15th
YOUNGEST NATION IN THE WORLD

74%
POPULATION BELOW AGE 35

133
RANK IN 2016 GLOBAL HUMAN DEVELOPMENT
SEIZE THE DEMOGRAPHIC OPPORTUNITY NOW

Others have done it!

From 1960 to 2017, demographic dividend accounted for 42% of economic growth in developed countries & 39% in developing countries.

WELL-BEING IS A MEANS TO ACHIEVE YOUTH DIVIDENDS

What is well-being?

Well-being is about people and richness of human life. It is the quality of life, prosperity, positive physical & mental health, sustainable thriving communities.

Timor-Leste’s Context

The changing population structure will soon lead to an opening of a 30–40 year demographic window of opportunity.

Timor-Leste National Youth Well-being Survey (2016)

Youth aged 15-34 in 13 municipalities completed a perception based subjective well-being survey.

8 ASPECTS OF WELL-BEING

STATE OF YOUTH WELL-BEING

17% Are neither insufficient nor sufficient in the achievement of overall well-being.

74% Enjoy moderate to high satisfaction across all 8 aspects of well-being.

10% youth are deprived moderately or extensively (around 32,550 youth).

Physical Health  Psychological Health  Education  Community Vitality  Cultural Diversity  Governance  Ecological Stewardship  Living Standards
KEY AREAS FOR PRO-YOUTH POLICIES & INVESTMENTS
Every challenge yields an opportunity

**EDUCATION**
- 45% had basic education as the highest level of educational attainment.
- 60% aspire to undertake further studies/training but only 1/3 received any training.

**COMMUNITY VITALITY**
- 75% fear for being a victim of violence, leaving or returning home after dark, or being robbed.
- 80% trust people in their communities, but only 18% can always obtain help.

**GOVERNANCE**
- 70% are not satisfied with the number & variety of livelihood opportunities available.
- 50% feel they are able to talk openly and freely about political & government-related issues.

**LIVING STANDARD**
- 80% said they are not formally employed. While 43% are looking for work, the rest are inactive.
- 25% are not looking because they are discouraged by the difficulty of finding work.

UNLEASH TIMOR-LESTE’S DEVELOPMENT POTENTIAL

**Favorable Population Structure**
- Pro Youth Investments

**Access to Quality Health & Education**
- Increased workforce
- Rising Income & savings
- Greater Productivity

**Higher Human Development**
- Increased Urbanization
- Increased Domestic Demand
- Improved Human Capabilities
FOR A PROSPEROUS & SUSTAINABLE FUTURE
SEIZE THE DEMOGRAPHIC OPPORTUNITY NOW

With targeted, quality investments in health, education & economy, Timor-Leste can potentially enjoy a 6 fold growth in GDP per capita in 15 years, an increase of GDP to $15,275 by 2030 & move from Medium to High Human Development, to a Human Development Index of 0.71.

KEY RECOMMENDATIONS

For policy makers

- Allocate 25% of the government budget to education & training.
- Raise school completion rates up to grade 12 among all men & women by 2030.
- Invest in teacher training, well-balanced curriculums, good facilities & ICT.
- Eliminate gender gap in education and employment.
- Create decent work opportunities in industries with development potential.
- Provide incentives for social enterprise development in community health, eco-tourism, rural livelihoods & food security.
- Widen access to primary health care, particularly access to family planning.

For development partners

- Support efforts to improve health, education & economy.
- Invest in pro-youth, 21st century skills training programs for better school to work transitions.
- Provide youth work placements, mentorship, ICT & financial literacy training, career advice & access to capital.
- Enter strategic partnerships to stimulate job creation & social enterprise development.

For youth

- Be a responsible & active citizen.
- Work in solidarity with your peers towards goals that enhances national interest above your own.
- Benefit from training & skills development opportunities to become better at planning & management, financial record-keeping, using electronic tools and being able to work in teams, speak in public & resolve conflict.
- Volunteer or enroll in internships programs before graduating from school.
- Explore opportunities to create your own small business in agriculture, tourism, fishing, waste management or community health.